

EUROPEAN ATHLETICS CHAMPIONSHIPS TIMETABLE

07-12 JUNE 2024

STADIO OLIMPICO, ROME

DAY 0 | THURSDAY 6 JUNE

EVENING SESSION			
14:30	Shot Put	W	QA
15:45	Shot Put	W	QB
17:10	Shot Put	М	QA
18:25	Shot Put	М	QB

DAY 1 | FRIDAY 7 JUNE

MORNING SESSION				
09:35	Discus Throw	М	QA	
09:40	100m H Hep	W		
10:10	100m H	W	R1	
10:40	110m H	М	R1	
10:55	Discus Throw	М	QB	
11:05	High Jump Hep	W	A+B	
11:10	Triple Jump	W	Q A+B	
11:45	1500m	W	R1	
12:15	Discus Throw	W	QA	
12:20	800m	М	R1	
12:55	Long Jump	М	Q A+B	
13:05	3000m SC	W	R1	
13:35	Discus Throw	W	QB	

EVENING SESSION			
18:35	20km Race Walk	W	Final
18:40	Shot Put Hep	W	A+B
19:55	Shot Put	W	Final
20:30	High Jump	W	Q A+B
21:02	Discus Throw	М	Final
21:10	100m	М	R1
21:33	Shot Put	М	Final
21:45	200m Hep	W	
22:20	4x400m Relay Mixed	Х	Final
22:40	5000m	W	Final

DAY 2 | SATURDAY 8 JUNE

	MORNING SESSION			
10:05	Hammer Throw	М	QA	
10:10	3000m SC	М	R1	
10:40	Pole Vault	W	Q A+B	
10:50	100m	W	R1	
11:30	Hammer Throw	М	QB	
11:45	400m	М	R1	
12:10	Long Jump Hep	W	A+B	
12:20	400m	W	R1	

	EVENING SESSION		
18:00	20km Race Walk	М	Final
18:20	Javelin Throw Hep	W	Α
19:35	Javelin Throw Hep	W	В
19:50	800m	М	SF
20:10	100m H	W	SF
20:35	Long Jump	М	Final
20:40	110m H	М	SF
21:10	100m	М	SF
21:35	Discus Throw	W	Final
21:41	800m Hep	W	Final
22:05	100m H	W	Final
22:16	110m H	М	Final
22:26	5000m	М	Final
22:53	100m	М	Final

DAY 3 | SUNDAY 9 JUNE

MORNING SESSION			
09:00	Half Marathon	М	Final
09:30	Half Marathon	W	Final
10:05	Hammer Throw	W	QA
10:45	Triple Jump	М	Q A+B
11:30	Hammer Throw	W	QB
11:35	High Jump	М	Q A+B
11:50	200m	М	R1
12:40	400m H	W	R1
13:20	400m H	М	R1

EVENING SESSION			
20:05	400m	W	SF
20:30	High Jump	W	Final
20:38	400m	М	SF
21:05	100m	W	SF
21:11	Hammer Throw	М	Final
21:21	Triple Jump	W	Final
21:35	200m	М	SF
22:04	3000m SC	W	Final
22:27	800m	М	Final
22:36	1500m	W	Final
22:53	100m	W	Final

DAY 4 | MONDAY 10 JUNE MORNING SESSION

10:05	100m Dec	М	
10:18	Pole Vault	М	Q A+B
10:25	Javelin Throw	W	QA
10:35	200m	W	R1
11:05	Long Jump Dec	М	A+B
11:20	1500m	М	R1
11:45	Javelin Throw	W	QB
11:50	800m	W	R1
12:40	400m H	М	SF
13:05	Shot Put Dec	М	A+B
13:15	400m H	W	SF
	EVENING SESSION		
	EVENING SESSION		
19:30	High Jump Dec	М	A+B
20:15	Pole Vault	W	Final
21:05	200m	w	SF
21.00	200	vv	SF.
21:33	Hammer Throw	W	Final
	1.1		
21:33	Hammer Throw	W	Final
21:33 21:40	Hammer Throw 400m	W	Final Final
21:33 21:40 21:50	Hammer Throw 400m 400m	W M W	Final Final Final
	10:35 11:05 11:20 11:45 11:50 12:40 13:05 13:15	10:35 200m 11:05 Long Jump Dec 11:20 1500m 11:45 Javelin Throw 11:50 800m 12:40 400m H 13:05 Shot Put Dec 13:15 400m H EVENING SESSION 19:30 High Jump Dec	10:35 200m W 11:05 Long Jump Dec M 11:20 1500m M 11:45 Javelin Throw W 11:50 800m W 12:40 400m H M 13:05 Shot Put Dec M 13:15 400m H W EVENING SESSION 19:30 High Jump Dec M

DAY 5 | TUESDAY 11 JUNE

	MORNING SESSION		
09:35	110m H Dec	М	
10:10	800m	W	SF
10:30	Discus Throw Dec	М	Α
10:35	Long Jump	W	Q A+B
10:45	4x400m Relay	М	R1
11:15	4x400m Relay	W	R1
11:35	Discus Throw Dec	М	В
11:55	Pole Vault Dec	М	Α
12:00	4x100m Relay	М	R1
12:30	4x100m Relay	W	R1
13:00	Javelin Throw	М	QA
13:10	Pole Vault Dec	М	В
14:25	Javelin Throw	М	QB

EVENING SESSION				
19:05	Javelin Throw Dec	М	Α	
19:50	10,000m B-race	W	B-race	
20:15	Javelin Throw Dec	М	В	
20:35	High Jump	М	Final	
20:55	Triple Jump	М	Final	
21:05	400m H	М	Final	
21:18	400m H	W	Final	
21:30	10,000m	W	Final	
21:36	Javelin Throw	W	Final	
22:25	1500m Dec	М	Final	
22:53	200m	W	Final	

DAY 6 | WEDNESDAY 12 JUNE

EVENING SESSION				
20:12	10,000m B-race	М	B-race	
20:20	Pole Vault	М	Final	
20:28	Javelin Throw	М	Final	
20:54	Long Jump	W	Final	
21:06	4x400m Relay	W	Final	
21:19	4x400m Relay	М	Final	
21:31	800m	W	Final	
21:44	10,000m	М	Final	
22:26	1500m	М	Final	
22:38	4x100m Relay	W	Final	
22:50	4x100m Relay	М	Final	

Woman

Medley relay

Qualification group A Qualification group B QB Qualification group A+B

A + B group Eptathlon/Decathlon competition

Round 1 Semi final Hurdles

Heptathlon

Decathlon Steeplechase